

THE TEN DEMANDMENTS

Ten rules to live by to insure unhappiness
in a relationship.

- I. Thou shalt make me happy.**
- II. Thou shalt not have any interests other than me.**
- III. Thou shalt know what I want and what I feel without me having to say.**
- IV. Thou shalt return each one of my sacrifices with an equal or greater sacrifice.**
- V. Thou shalt shield me from anxiety, worry, hurt, or any pain.**
- VI. Thou shalt give me my sense of self worth and esteem.**
- VII. Thou shalt be grateful for everything I do.**
- VIII. Thou shalt not be critical of me, show anger toward me, or otherwise disapprove of anything I do.**
- IX. Thou shalt be so caring and loving that I need never take risks or be vulnerable in any way.**
- X. Thou shalt love me with thy whole heart, thy whole soul, and thy whole mind, even if I do not love myself.**