

Personal Traits of Unsafe People

- 1. Unsafe people think “they have it all together” instead of admitting their weakness**
- 2. Unsafe people are religious instead of spiritual.**
- 3. Unsafe people are defensive instead of open to feedback**
- 4. Unsafe people are self-righteous instead of humble**
- 5. Unsafe people only apologize instead of changing their behavior.**
- 6. Unsafe people avoid working on their problems instead of dealing with them.**
- 7. Unsafe people demand trust, instead of earning it.**
- 8. Unsafe people believe they are perfect instead of admitting their faults.**
- 9. Unsafe people blame others instead of taking responsibility.**
- 10. Unsafe people lie instead of telling the truth.**
- 11. Unsafe people are stagnant instead of growing**